



MIDLAND COUNTIES ATHLETIC ASSOCIATION
UNDER 16 GIRLS 3 X 3.88km ROAD RELAY CHAMPIONSHIP
SATURDAY 19TH SEPTEMBER 2026 – 11.50am - SUTTON PARK, BIRMINGHAM

An unlimited number of teams can be entered.

CLOSING DATE SUNDAY 6TH SEPTEMBER 2026

Clubs are not allowed to enter more than **THREE TIMES** the number entitled to compete. A Club entering more than one team in a race shall be allowed to select their teams from the club entry for that event. Teams must be declared before the start of the race. **No athlete may run more than one leg.** **Please note: YA Challenge Leg Length = 3.88km**

CLUB:	Team Manager:	
Club Colours:	Category:	U16G
Address:		
Tel:	Mobile Number:	
Date:	E-mail:	

Above is the Information required for competition purposes.

Entry Fee £30.00 per team:

Entries to be done online at: <https://www.race-results.co.uk/m64rel26e>

All entries are to be submitted via the online entry system.

Postal entries only in Exceptional circumstances, contact by emailing: roadandxc@mcaa.org.uk

MIDLAND ELIGIBILITY – All competitors must have the following qualifications.

By first claim membership of an EA affiliated Club that has registered with EA for road running and is a member of the EA registration scheme.

Club qualification is in one of the following Counties:

Avon, Gloucestershire, Herefordshire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. NB: England South West (Cornwall, Devon, Dorset, Somerset, and Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes **BUT** you can only compete in one Area Championships in a calendar year – January to December.

NB: The organisers reserve the right to refuse entries and revise dates where necessary.

RULE TR3 Under 16 Girls Road running competitions for under 16s shall be confined to competitors who are aged 14 or 15 on 31st August prior to the commencement of the competition year (i.e. aged 14-15 & under 16 on 1st September 2026).

FOREIGN ATHLETES: Clubs may enter as many foreign athletes registered with UKA as necessary, but the composition of any scoring team can include ONLY TWO foreign registered athletes.

CLOTHING: All team runners **must** wear the same design of registered Club vest and Colours unless the referee has given permission for a change to be made.

Any advertising or sponsorship on clothing must comply with UK Athletics Rule TR5.

IMPORTANT: PLEASE READ BEFORE SUBMITTING NAMES: A MANDATORY requirement is to provide the England Athletics (EA) number for all entries submitted. Without an EA number, the entry CANNOT be accepted.

All Athletes MUST have a fully paid-up affiliation with EA at the time of entry to guarantee participation in this event.

For this competition, the information required is name, date of birth, EA number.

Details of teams are provided on competitor's entry site.

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the club under the rules governing team and relay races, and that the declared particulars are complete and correct.

Signed: Secretary/Team Manager: Date: